



**Welcome Y-COP Summer Day Camp 2026
Parent Orientation**



Henry Wilson
Executive Director
Y-COP of Mount Vernon, Inc

Days and Hours

Monday – Friday 8:00 a.m. – 5:00 p.m.

Start Date:
Monday, July 6,
2026

End Date:
Friday, August 14
2026

(6-weeks)

Extended Hours
Available from
7:30am-5:30pm

Camp Site Location:

Hummingbirds &
Red Robins (5-7)

Blue Jays
(8-10)

Golden Eagles
(11-13)

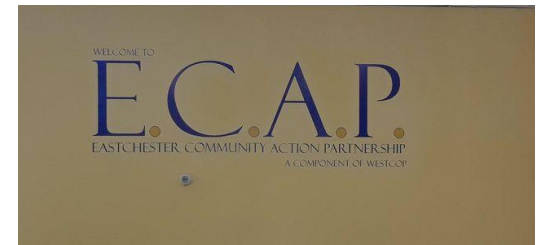


195 North Columbus Avenue, Mount Vernon, NY 10553



Mount Vernon Neighborhood
Health Center is now ...

**Westchester
Community
Health Center**



Our Partnerships Make Us Stronger

A white calculator is positioned in the foreground, resting on a document with financial data. The calculator's display is dark, and its keypad features various mathematical symbols and numbers. The background document contains columns of numbers, including '155,395.80' and a list of values such as '114811', '114922', '114940', '115029', '115029', '183912', '211550', '180708', and '091349'.

Zinobi Duncombe Financial & Program Administrator



Y-COP Summer Day Camp Things to Know

CAMP GROUPS

HUMMINGBIRDS-AGE 5

RED ROBINS-AGES 6-7

BLUE JAYS- AGES 8-10

GOLDEN EAGLES-11-13



Site Directors and Co-Directors

Amirah Roberts and Sidney Duncombe-Hummingbirds/Red Robins

Donna Brown and Andre Jones-Blue Jays

Ibrahim Conteh and Dalan Chisholm-Golden Eagles

Kimoya Henry-Ellis-Falcons/Leaders in Training (LIT)

HUMMINGBIRDS-Age 5



The Hummingbirds are our youngest age group and are just beginning to get used to large group settings, extended hours and full day activities.

Their day will be broken up to accommodate nap time, independent play and general downtime after long field trips. They will participate in similar activities as the other groups, just with additional care.

Your Site Director will provide a daily schedule of activities to help your camper adjust to the day.

Red Robins-Ages 6-7



The Red Robins are our energetic group that are ready to have fun learning, exploring and growing.

Their field trips will allow for continuous play, discovery and group activities. While we may have show and tell days, we prefer if campers do not bring their toys or stuffed animals to camp so that they can continue to enjoy them at home.

Please remember to label all items being brought to camp with a permanent marker as the children will forget/lose them daily.

Blue Jays- Ages 8-10



Some may say that the Blue Jays have the most fun, but we say that these campers are coming into their identity, enjoy making new friends, and begin to understand how things work.

The Blue Jays spend a lot of time outdoors exploring the world around them and love to share what they know so we build on that and base our field trips on their love of outdoors, cooperative learning and building friendships.

The Blue Jays will also receive lots of exercise so be sure to send your camper with sneakers daily. BLUE JAY BUCKS are their award incentive dollars that they can redeem at the end of the week.

Golden Eagles-Ages 11-13



Our Golden Eagles are learning to be independent thinkers, leaders, and productive members of their society so their focus is going to be based on individual growth, making good choices and securing their future.

These campers will have an academic hour built into their day to prevent brain drain over the summer but to also encourage them to be lifelong learners.

Their field trips will be more active and physical, encourage teamwork and problem solving and help build lasting memories.

These campers have likely been together since they were 5 or 6 and will continue their friendships after camp.



Counselors In-Training Program

The CITs help plan, prepare, and participate in activities with their younger peers in the Summer Day Camp Program. They also help with setup, clean-up, and shadow Head Counselors. We may offer stipends to CITs who complete the program when funding is available. CITs of appropriate age who complete the program are eligible to interview for a job as a Junior Counselor in the Summer Day Camp and After School programs as positions become available.

CITs also perform community service hours at area nursing homes, rehab centers, assisted living facilities, daycare centers, and local soup kitchens.

Please note that CIT's are still considered as campers and cannot assume a supervisory role.

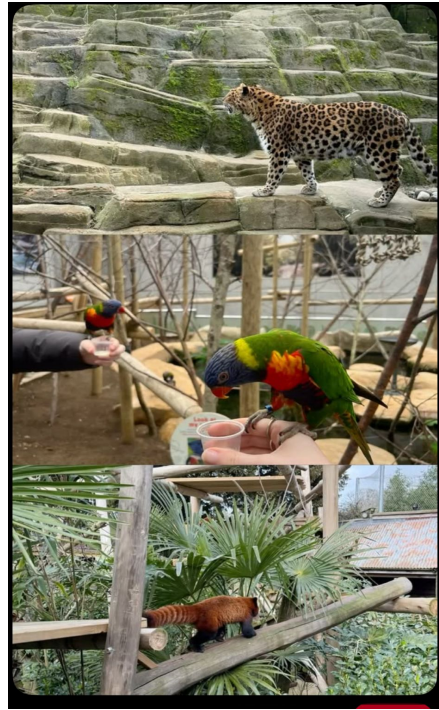
All campers will participate in these exciting themed weeks. The field trips and activities will correlate with each theme. Our parents can participate too, especially during weeks 5 and 6 where we have a campwide flea market, flag show and food fest where campers can sell their artwork, toys, food, drinks, you name it!

The graphic features a central banner with the text "Summer Camp WEEKLY THEMES" in a wooden sign style. Above it is the "CYP" logo with "YOUTH COMMUNITY OUTREACH PROGRAM" written in a semi-circle. Below the banner are six horizontal bars, each representing a week's theme with an illustration. At the bottom, four children hold flags of the USA, Ghana, and Nigeria in front of a lake and trees.

YOUTH COMMUNITY OUTREACH PROGRAM
CYP
Summer Camp
★ WEEKLY THEMES ★

- Week 1: UNDER THE SEA**
Aquatic Adventures & Water Play
- Week 2: FULL S.T.E.A.M. AHEAD**
Science, Technology, Engineering, Art & Math
- Week 3: WHERE THE WILD THINGS ARE**
Animal Encounters & Nature Fun
- Week 4: FUN WITH FITNESS**
Sports, Games & Movement
- Week 5: ENTREPRENEURIALY SPEAKING**
Creativity, Business & Leadership
- Week 6: CULTURALLY SOUND**
Arts, Music & Global Traditions

What to expect this summer-Lots of exploration!



Housekeeping Items

1. Camp T-shirts
2. Medical and Immunization forms
3. Swimming attire
4. Procure setup
5. Items to bring
6. Payments
7. Contact Information



Camp T-shirts

This year, you will receive two free camp shirts with your registration. If you would like to order additional shirts, they must be ordered by June 18th in order for them to arrive in time for camp. All shirts will be shipped to Y-COP and distributed before the start of camp. You will receive an email when the shirts arrive. This is the only order of shirts being made. Shirt size examples will be available at your site directors tables for your convenience.

I will have a table set up in the back of the gym for placing orders.



Medical Forms

All campers must have an updated physical and immunization record that does not expire before August 14, 2026. This is a New York State Department of Health requirement and cannot be bypassed. A physical form can be found on your site directors desk as well.

YOUTH-COMMUNITY OUTREACH PROGRAM (Y-COP)
Participant Physical Examination Form

This form must be completed by the child's Medical Provider and submitted with the attached Application. It is acceptable to submit a similar form from the child's doctor's office or school-but the Examination must have occurred within 12 months of the program start date.

Name: _____
Date of Exam: _____ Facility Name: _____
Address: _____ City/State: _____
Telephone: _____ Completed by: _____

Codes for using this form: S = Satisfactory, X= Not Satisfactory (explain), O = Not Examined

General Appearance: _____

Height _____	Weight _____	Blood _____
Urinalysis _____	HGB Test _____	Posture/Spine _____
Eyes _____	Visions _____	Glasses _____
Ears _____	Hearing _____	Throat/Tonsils _____
Heart _____	Lungs _____	Extremities _____
Feet _____	Skin _____	Nose _____
Teeth _____	Abdomen _____	Hernia _____

Allergies _____
Neurological Findings _____

Recommendations and Restrictions while in camp:
Special Diet _____
Special Medicine _____
Swimming _____
Strenuous Activity _____

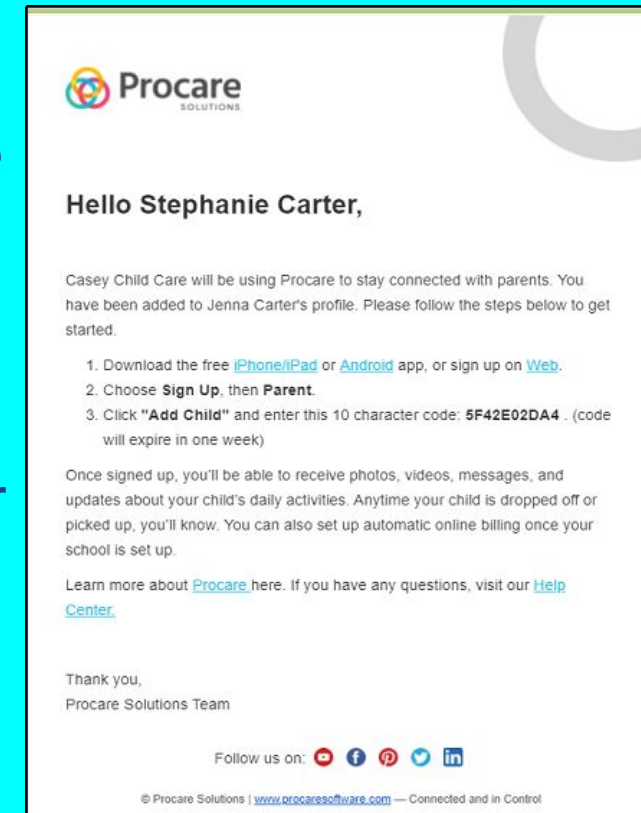
I have examined the child, reviewed his/her health history and it is in my opinion that he/she is physically able to engage in the summer camp activities, except as noted above.

Examining Physician's Signature: _____ Date: _____

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Procare Setup

All parents will be enrolled in our childcare management software called Procare. You will receive a link to download the software and access your child's information. You will receive updates, notices, incident reports, photos as well as be able to upload information to us and send messages. Please look out for the link. This is our primary way of communicating with our parents. Please be sure to download the app and clear out your inboxes to be able to receive messages. It is important that we have a correct email and phone number on file to reach you.



Swimming Attire

Swimming will take place at the Mount Vernon High School. All campers must wear: Girls: a one piece swimsuit- no blues as they camouflage in water, Boys: swim trunks. Flotation devices, vests, arm guards and additional items are not allowed in the pool. All campers MUST wear a swim cap. Flip flops can be worn around pool.



Payments

Please use the invoice provided to you through Quickbooks to make final payment by **June 23, 2026**. All payments must be finalized on that day. I will have a desk in the back for cash, credit card or check. Campers will not be able to attend camp unless their camp balance is paid in full.

Items Every Child Needs for Camp

Water bottle

Complete change of clothes

Sunscreen

Towel

Swim cap-A MUST

Sneakers only, flip flops (only for swimming),

Camp T-shirt-Must be worn daily

Does not Need

Electronic devices

Crocs

Sandals

Swimming toys

EVERYTHING MUST BE LABELED WITH A PERMANENT MARKER

FRIENDLY REMINDERS



The standard camp day begins at 8am. Please do not bring your camper before that time unless they are part of the extended day.

The camp day ends at 5pm. Please be sure to pick up your child on time. Extended day campers can leave at 5:30.

Parents that arrive more than 15 minutes late for pickup will be charged \$15 additional per day with time not to exceed 30 minutes.

Our camp day is 10 hours long for our staff and we need to allow them time to rest and recoup for the next day. Please be sure to communicate with your site directors should a circumstance arise.

Questions/Comments



Contact Information

Zinobi Duncombe

Financial Manager/Program Administrator

Youth Community Outreach Program (Y-COP)

227 East Lincoln Avenue

Mount Vernon NY, 10552

(914) 646-0735

Email: zduncombe.ycop@gmail.com

Scan the QR code to apply for summer camp

or click the Procure link below

[Procure](#)



Y-COP
ALLEN D. AYERS JR., FOUNDER
MOUNT VERNON, NY

SUMMER CAMP

FEE & REGISTRATION
\$1155

JOIN US FOR 6 WEEKS FULL OF FUN, LAUGHTER AND ADVENTURE

- WATER BALLOON WARS
- NATURE SCAVENGER HUNTS
- FENCING, HORSEBACK RIDING, SWIMMING, CAMPING
- WEEKLY FIELD TRIPS, ARTS & SO MUCH MORE!
- RECEIVE TWO CAMP SHIRTS WITH REGISTRATION

JULY 6TH - AUGUST 14TH 2026

Ages: 5-13

DROP-OFF AT 8:00 AM · PICK-UP AT 5:00 PM.

Extended Day offered from 7:30am-5:30pm for an additional one-time fee of \$175

Register early to save your camper's place.

CONTACT: ZINOBI DUNCOMBE
zduncombe.ycop@gmail.com

Phone
(914) 646-0735

Spaces are limited!