

Y-COP

SUMMER CAMP

Apply Today



JOIN US FOR 6 WEEKS FULL OF FUN, LAUGHTER AND ADVENTURE

- WATER BALLOON WARS
- NATURE SCAVENGER HUNTS
- FENCING, HORSEBACK RIDING, SWIMMING, CAMPING
- WEEKLY FIELD TRIPS, ARTS & SO MUCH MORE!
- RECEIVE TWO CAMP SHIRTS WITH REGISTRATION

JULY 6TH - AUGUST 14TH
2026

Ages: 5-13

DROP-OFF AT 8:00 AM • PICK-UP AT 5:00 PM.

Extended Day offered from 7:30am-5:30pm for an additional one-time fee of \$175

Register early to save your camper's place.

CONTACT: ZINOBI DUNCOMBE
 zduncombe.ycop@gmail.com



Spaces are limited!



Phone

(914) 646-0735

WWW.YCOPMVNY.ORG

General Information:

The following information within this manual is intended to help you and your child be better prepared for summer camp. Please read it carefully.

Contact Information:

Henry Wilson
Executive Director
Wilson.henry2010@gmail.com
914.215.3063

Zinobi Duncombe
Program Administrator
Zduncombe.ycop@gmail.com
914.646.0735

Donna Brown
Site Director/Team Leader
Dbrown.ycop@gmail.com
914.308.6261

Amirah Roberts
Site Director/Team Leader
Aroberts.ycop@gmail.com
914.566.1755

Ibrahim Conteh
Site Director/Team Leader
Iconteh.ycop@gmail.com
914.751.4990

Kimoya Henry
Teen Program Coordinator
khenry.ycop@gmail.com
914.314.6004

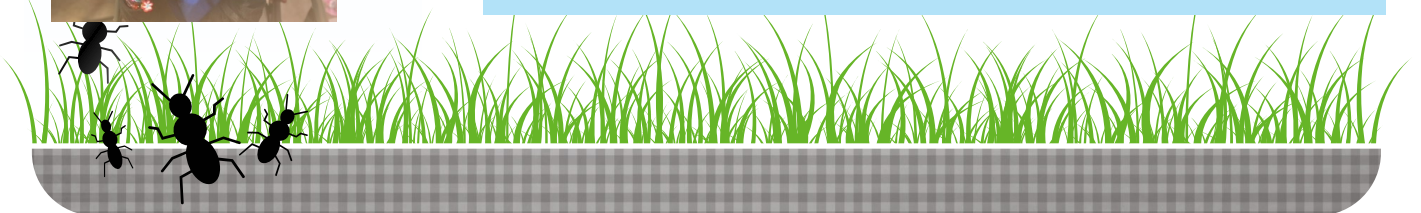
Hours of Operation:

Monday - Friday
8:00 a.m. - 5:00 p.m.



Information Guide:

- ◇ Welcome
- ◇ Our Mission
- ◇ Application, Registration & Assistance
- ◇ Cost, Fees and Forms
- ◇ Camp Location
- ◇ Breakfast, Lunch & Snack
- ◇ Staff & Volunteers
- ◇ Medical Information
- ◇ Safety Plan & Emergency Procedures
- ◇ Dress Code & Code of Conduct
- ◇ Curriculum, Activities & Field Trips
- ◇ Themed Weeks
- ◇ Swimming
- ◇ Electronic Devices
- ◇ Community Partners
- ◇ Y-COP Social Media Platforms
- ◇ Parent Consent



Dear Parents,

Welcome to the Y-COP Summer Day Camp Program of Mount Vernon, NY. This Manual is designed to provide you with useful information regarding our summer day camp program. It is intended to be a resource for you during the duration of the summer camp season. Please read this guide carefully so that you will have a complete understanding of our summer camp policies and procedures.

Since 2012, the Y-COP summer day camp program has evolved into one of the most sought-after programs in Mount Vernon and the surrounding communities, offering parents and their children a safe, nurturing environment, interactive and engaging programs, and activities at a cost that's accommodating and beneficial to all parents.

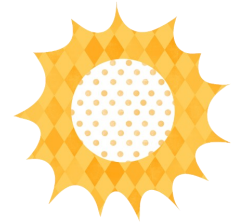
Y-COP's summer day camp program is designed to meet your child's educational, recreational, cultural and emotional needs. The staff and volunteers are well-

trained, qualified, certified and bring years of experience working with youth and families.

This year, the Y-COP Summer Day Camp program will be located at the former Honor Academy Elementary School, 195 North Columbus avenue, Mount Vernon, NY. This is a major accomplishment for the Y-COP organization. We welcome your suggestions and comments as we work together (staff, volunteers and parents) to offer "our" children a great summertime experience full of fond memories.

Thank you.

*Henry Wilson
Executive Director*



"My child is always excited about going to Y-COP and ask that I not pick her up "early", it is a clear sign to me that she enjoys being there. As a parent seeing my child happy is everything to me." K. Jordan

Y-COP Mission

Y-COP welcomes all youth and their families, regardless of race, culture, religion, or socio-economic status. Y-COP introduces youth to programs and activities that emphasize, enhance, and enrich their social skill development, educational, recreational, and cultural awareness. Y-COP's summer day camp program is designed to be interactive, engaging and **FUN** while ensuring their safety and well-being in a healthy, positive, and nurturing environment.



Application & Registration:

The summer day camp application must be completed before the start of camp. Please return it and other relevant documents to Ms. Zinobi Duncombe, Program Administrator.

Summer Camp Form Checklist:

- ◇ A completed summer camp application
- ◇ A completed physical medical exam form (expiration of exam should not be before 8/31/26)
- ◇ An immunization history report
- ◇ A Completed Emergency Contact Form
- ◇ A signed field trip permission form
- ◇ A signed parental consent form -located on back page of Parent Manual
- ◇ Payment in full due before the start of summer camp

Cost, Fees and Financial Assistance

\$1,100	- 1 st child
\$1,025	- 2 nd child
\$950	- 3 rd child

\$50.00 Administrative Registration Fee

Forms of payments:

- Cash
- Checks
- Credit/Debit Card
- Money Orders
- PayPal

Checks/Money Orders-made payable to:

Y-COP of Mount Vernon
227 East Lincoln Avenue
Mount Vernon, NY 10552
Attention: Mr. Henry Wilson

Please note: All costs and fees are non-refundable, regardless if your child missed camp due to sickness or bad behavior. NO EXCEPTIONS!

Most Child Care Subsidy Assistance Accepted

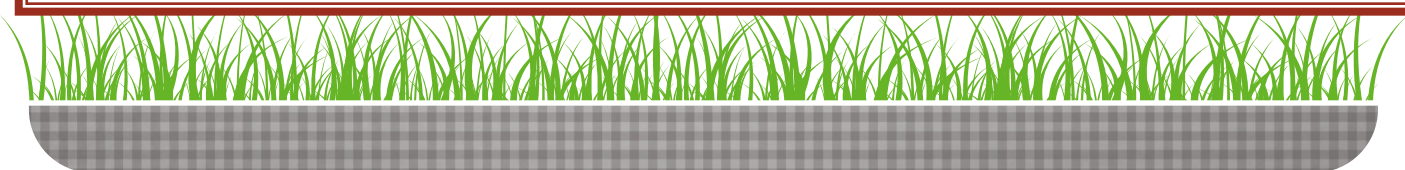
All payments must be paid in full by Friday, June 30, 2026

Camp t-shirts must be ordered with Ms. Zinobi Duncombe. There will be no group order form this year

Summer Camp Location:



**Honor Academy School
195 North Columbus Avenue
Mount Vernon, NY 10553
(Formerly Holmes Elementary School)**





Golden Eagles 2019

PLEASE NOTE:

ALL CAMPERS MUST BE SIGNED IN AND SIGNED OUT (EVERYDAY) BY A PARENT OR GUARDIAN.

Parents/Guardian must escort campers onto the Camp site each day when dropping off.

If someone other than the person who is designated (per the application) to pick up your child, Y-COP staff must be notified in advance. As a precaution and for the safety of all, a photo identification may be requested upon pick up. Y-COP staff reserves the right to contact the Mount Vernon Police Department if the parent or designated person to pick up the child is a no-show.

Your child is expected to attend camp everyday Monday – Friday, 8:00 a.m. – 5:00 p.m. **Camp fee adjustments will not be made based on lateness or absenteeism.**

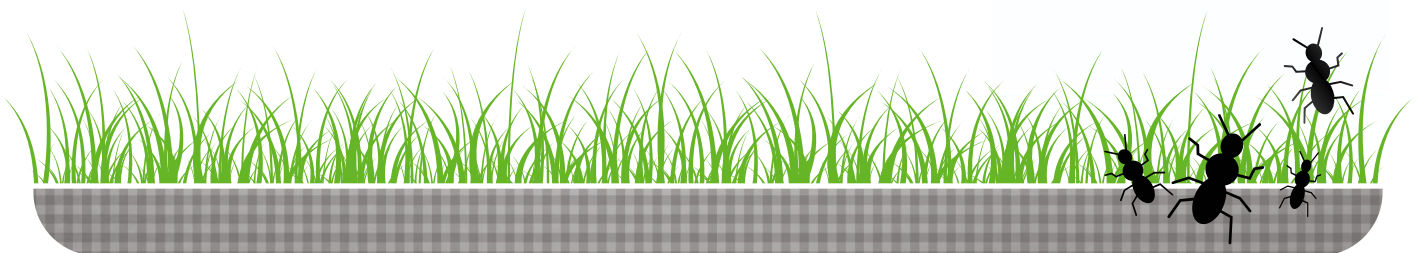
Staff/Volunteers:

Y-COP staff and volunteers are experienced, well trained, skilled, enthusiastic and committed to the well-being and safety of each and every child.

The following trainings and certifications are mandated by the Westchester County Department of Health, Office of Children and Family Services and the Child Care Council of Westchester.

- ◇ First Aid/CPR
- ◇ Responding to Emergencies (RTE)
- ◇ Child Abuse Prevention
- ◇ Mandated Reporter
- ◇ Behavioral Management
- ◇ Emergency Evacuation Procedure

All staff and volunteers are subject to personal reference checks, pre-employment background checks, sex offender investigation and criminal history.



Medical Information & Forms:

A certified licensed Paramedic will serve as the Health Director for the Y-COP Summer Camp. It is the responsibility of the health director to perform the following:

- Review medical forms.
- Make recommendations for the safety and well being of campers.
- Work within the scope of their profession.
- Assign qualified designee in their absence.
- Evaluate requests of administering medication made in writing

CAMP STAFF WILL NOT ADMINISTER MEDICATION

It is extremely important to document any special needs that your child may have and inform the Executive Director, Program Administrator, and/or Health Director. Y-COP requires an emergency contact form that includes the

parent/guardian's contact information and at least three (3) other individuals. Your child will not be released to anyone not listed on the emergency contact form unless we are notified by the parent in advance. All campers must sign in at the beginning of the day and sign out at the end of the day.

If a child is kept home due to illness, they should remain home for at least **24 hours** and return symptom-free for their safety and the safety of staff and campers. Many communicable diseases begin with cold-like symptoms. If for any reason a child needs to be on antibiotics, they should take them at least 24 hours prior to returning to camp. In some cases, a doctor's note may be required. It is advised that you have your children vaccinated against Measles-Mumps-Rubella (MMR) for their protection and the protection of their peers.

"YCOP created a caring and safe environment for the children to be their best selves. They were exposed to things / had experiences they may not have been able to have spending the summer at home." N'Quan S.

Safety Plan & Emergency Procedure:

In the event of an actual emergency, (fire, weather and/or criminal activity) where staff and campers must evacuate the premises, camp personnel and participants will relocate to a designated area as illustrated on the camp safety plan. Camp personnel and participants will seek shelter at the following locations according to the site.

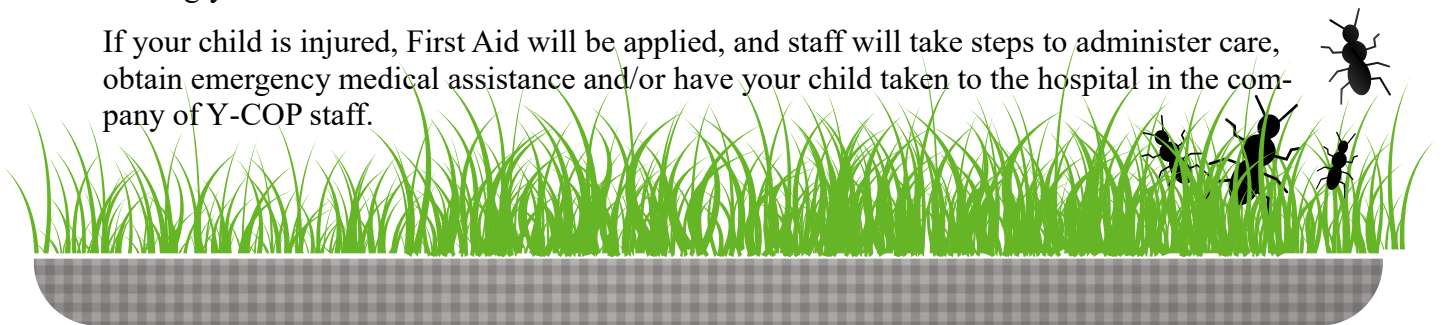
First Presbyterian Church, 199 North Columbus Avenue, Mount Vernon, NY

(or)

Mount Vernon Fire Department Headquarters, 470 East Lincoln Ave, MVNY

All personnel and participants will exit the premises as described in the Evacuation Plan and listen for further instructions. A head count of all participants will be taken and recorded accordingly.

If your child is injured, First Aid will be applied, and staff will take steps to administer care, obtain emergency medical assistance and/or have your child taken to the hospital in the company of Y-COP staff.



Curriculum and Activities:

The Y-COP Summer Camp Program will provide your child with a robust schedule of educational, physical and enriching activities. All activities are structured, organized and age appropriate. An activity schedule including field trips will be made available by the site director of each group or the Program Administrator. Activities will include the following: but not limited to:

- * Arts & Craft * Basketball * Bike Riding * Board Games * Community Service* Dance
- * Environmental Workshops* Field Trips* Guest Speakers* Music Lessons * Recreation
- * Wellness & Fitness * Soccer * Swimming * Yoga

Field trips are organized to be age appropriate. A complete listing of all field trips is available and requires parental consent for your child to attend. Waivers for some trips are required and must be signed by parent for your child to participate

Breakfast, Lunch and Snack:

Y-COP will provide breakfast, lunch and an afternoon snack each day for all campers. You can request a copy of the menu from the Program Administrator or your child's Camp Director. You can also download a copy of the menu from the website. You are allowed to supply your child with lunch if you don't like what's on the menu. **PLEASE NOTE:** Food should not be that which must be cooked or microwaved; Food should be securely wrapped; Your child's lunch and water bottle should be easily identified with their name. **Please make us aware of any food allergies.**

This year's Y-COP Summer Day Camp Program will be centered around specifically designed weekly themes that are age appropriate. The weekly themes are intended to be educational, entertaining, empowering and build on your child's interest, curiosity and self-esteem. Each week, Y-COP staff will incorporate the theme of the week into the daily activities, camp events, meals, field trips and more.

Week 1: Nature & the Environment – Campers will have an opportunity to learn about their local environment; trees, plants, insects, and have hands on experience guided by trained professionals.

Week 2: Science Technology Engineering & Math (STEM) - Children have an innate curiosity and we want our campers of all backgrounds and abilities to learn and love STEM. Our curriculum will set a strong foundation for future success in and out of the classroom by empowering and nurturing the next generation of bold thinkers and leaders.

Week 3: Sports, Health & Wellness – Represent your favorite athlete or sports team (caps, jerseys, tee-shirts, etc.) Learn the benefits of proper nutrition, exercise, and meditation for the nourishment of our minds, body, and spirit.

Week 4: Entrepreneur & Career – Who Wants to Be a Millionaire? – Campers will be exposed to guest speakers and entrepreneurs from a variety of professions, who will share their story of success. Campers will also be able to create their own business and sell products and merchandise that they created.

Week 5: Creative Arts – Under the supervision of trained individuals we want to foster an atmosphere of creativity, independence, and imagination through arts & crafts, dance, music, visual art, film, and photography.

Week 6: International & Culture – Embracing diversity and inclusion is what sets us apart, ensuring all children feel valued and accepted. The practices of appreciating diverse cultures, supporting open communication, and offering activities that cater to different talents and interests through dance, music, and other forms of interaction. Campers, with their parents' assistance, will have an opportunity to showcase traditional garb, antiques, and food to share with fellow Y-COP campers and staff.

SWIMMING

Swimming will be held at Mount Vernon High School (MVHS) one day per week, per group. All campers are classified as “**Non-Swimmers**” and will remain at the shallow end of the pool. Campers will be engaged in supervised aquatic activities and some instructional swimming.

In addition to the lifeguards provided by MVHS, at least two Y-COP staff will be physically in the pool providing an extra layer of safety. Free swimming time will not be permitted. Counselors will be in their swim gear and prepared to go into the water. One counselor will remain on deck for bathroom runs and supervision.

SWIM WEAR

Swim Caps are **MANDATORY**.
Blue swimwear is not permitted.
Floating devices are not permitted.
Goggles are optional.

Buddy List / Buddy Board

The Camp Director for each group will create a “Buddy List” of all campers regardless if the camper is actually swimming or not, and organize them into groups of two’s. The “Buddy List” will be posted on a Buddy Board at the pool.

The Camp Director or designee will conduct Buddy Checks every 15 minutes as required by the Westchester County Department of Health. **THREE LOUD WHISTLE BLOWS** will indicate it’s time for a Buddy Check, at which time all campers will exit the pool and sit with their assigned buddy. This will be reinforced during each swim session.

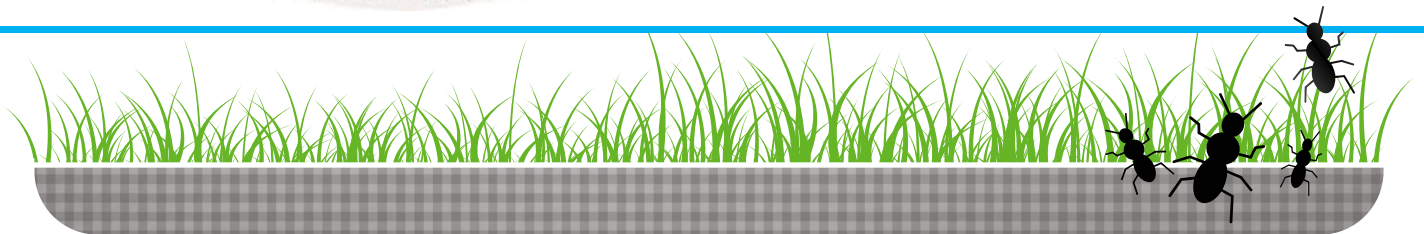


Camper Swim Ability

All campers are considered non-swimmers., therefore, they will be restricted to the shallow end of the pool no more than chest high. These extra precautions have been put in place to better ensure your child’s safety and well-being.



BLUE JAYS 2023



Dress Code

- Camp Shirts (Daily)
- Sneakers
- Socks
- Shorts, sweats or comfortable clothing
- Towel
- Extra set of underwear/clothing
- Flip flops, crocs, or sandals should only be worn during water activities

Y-COP Staff are not responsible for lost or stolen items/property.

Code of Conduct:

It is extremely important to discuss with your son/daughter, before the start of camp, that inappropriate and/or unacceptable behavior will not be tolerated. This includes, but not limited to:

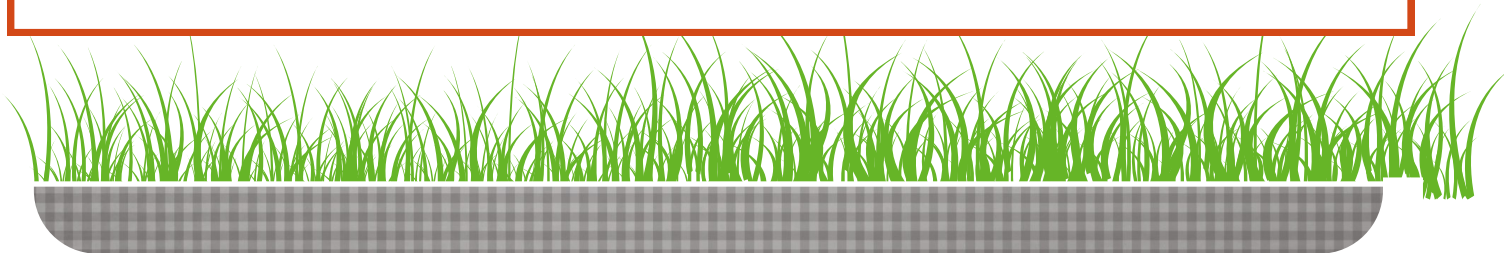
- * Fighting
- * Bullying
- * Teasing
- * Stealing
- * Profanity
- * Inappropriate touching
- * Destruction to camp property
- * Destruction of fellow campers' property
- * Destruction of staff property
- * Destruction to the facility of the First United Methodist Church, Church of the Ascension, First Presbyterian Church.



Any violation of the above will result in dismissal from the camp for at least one day or permanent suspension depending on the severity of the action. This decision will be at the discretion of the Executive Director, Program Administrator and Site Director.

Electronic Devices:

Electronic devices are not to be used during camp activities unless authorized by the Site Director. Electronic devices are subject to confiscation if deemed a distraction to self, fellow campers and/or staff. We strongly advise you to speak with your child(ren) about bringing any electronic device to camp and the responsibility that comes along with it.



Our Community Partners

Each of our partners share like minded missions and are committed to our children's social, emotional, mental, physical, educational and cultural upliftment. Learn a little more about them.

Tarsha Gibbons - *is the CEO of Gibbons Family Fitness. An entrepreneur, health and wellness expert and fitness professional. After a 12-year career in law enforcement, she decided to quit her job. After helping a friend for three years teaching children physical fitness, nutrition, and healthy cooking and realizing the enormous impact of health and wellness in our community she founded the Gibbons Family Fitness business. She has created customized health and wellness programs throughout NYC and Westchester County for numerous organizations community, schools, faith-based institutions, corporations and individuals.*

Backyard Sports (BYS): *Are longtime partners of Y-COP and have been instrumental in teaching our youth the fundamentals of Soccer, competing in soccer leagues throughout Westchester County, introducing kids to the excitement of GaGa Ball and providing staffing support.*

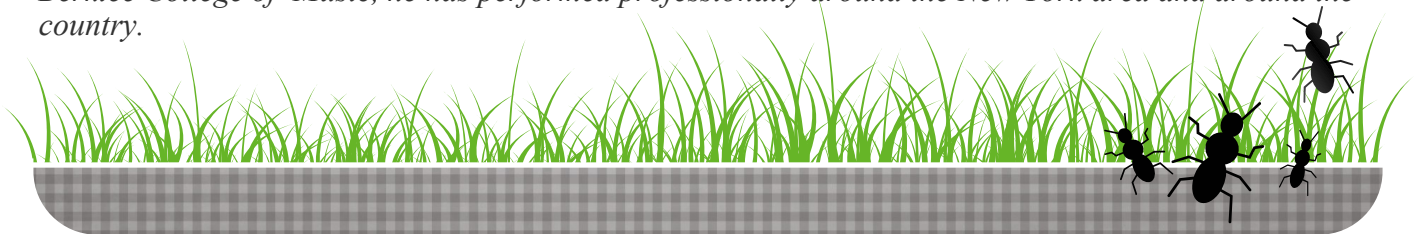
Helene Getz: *Helene Getz has been teaching children for more than 30 years. Her philosophy of life is to model what you wish to see in others. Practicing yoga, meditation, mindfulness and a variety of arts & crafts projects is her way to connect the mind, body, and spirit. Helene believes that you can transform pain and anger into compassion and strength by weaving these practices into your everyday life. She empowers her students to be all they can be by lightheartedly encouraging them to be their best. She teaches in a playful, creative, and a powerful way, while imparting self-confidence and courage.*

Roya Ghavamian: *Roya grew up in Yonkers and always had a love for music. During high school, she had the privilege of leading a youth vocal arts summer group through the Susan B. Wiener Academy for Young Women. This experience led her to develop a passion for using teaching and social connection as tools to combat inequities in education. Y-COP campers will be empowered and motivated to express themselves socially through song.*

Kimberly Jones: *is a dedicated dance educator with in-depth knowledge of the performing arts, who is eager to work with visual and performing arts educators, teachers and students of all skill levels. Her background also includes dance performances, program management and program development.*

Samantha Richardson: *S & S Health and Wellness is a husband and wife team dedicated to raising awareness around the power of yoga, and alternative healing for communities of color and beyond. Through expert led wellness practices such as , trauma-informed / inner child healing yoga classes using R&B music, nutritional guidance, Sound frequency , meditations, Reiki energy cleansing and more, we can empower our community to disengage from any unhealthy elements that may hinder the mind, body, and soul from achieving optimal health. Our motto is One breath, One movement at a time, we can usher in a whole new world of possibilities around health, wellness, and well-being for all.*

James Preston: *Campers will be taught the fundamentals of playing the piano and violin, then learn simple pieces, while enjoying their own creativity. Mr. Preston is a graduate of Adelphi University and Berklee College of Music, he has performed professionally around the New York area and around the country.*



Our Community Partners

Westchester Jewish Community Services (WJCS): *WJCS is the County's largest provider of outpatient mental health services in Westchester. WJCS staff will provide additional support to provide mental health counseling for youth onsite during the summer camp season, and assist Y-COP personnel to identify, understand, and respond to signs of mental health struggles.*

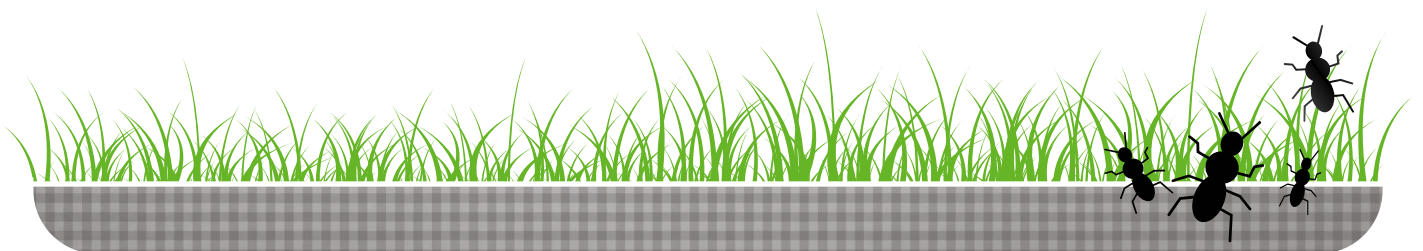
Westchester Community Health Center (WCHC): *Formerly the Mount Vernon Neighborhood Health Center began serving the community since 1973 to address the urgent need for preventative and affordable healthcare services for underserved individuals and families. The center now provides a full range of healthcare services at four locations, two Mount Vernon public schools and two area homeless shelters. The Health Center Mobile Health Van will be stationed at the Y-COP camp site at least three days per week during the summer to provide additional medical and emergency support for our youth and families.*

High Five Tennis: *Kevin Hylton is the owner of High Five Tennis, he has taught tennis in Washington DC, NYC and Westchester County. He and his group work with kids of all ages with a primary focus on kids 3-16 years of age. They utilize the USTA red, orange, and green ball stages and mini-nets to help kids develop their skills at a pace and using equipment that is appropriate to their age and ability. At the heart of all of their lessons is fun. They aim to develop a love for the sport while encouraging physical fitness. Classes are tailored for kids with sensory issues.*

Pelham Art Center: *Pelham Art Center aims to make art accessible to everyone through a range of programs including art education, affordable art classes, and need-based scholarships. Pelham Art Center outreach programs aim to bring art to as many participants as possible to have people of all ages experience the benefits of art. Classes and workshops include drawing, painting, ceramics, collage, digital design, fashion illustration, book making, writing, floral arranging, printmaking, digital video, and animation.*

Daniel Washington: *Better known as DJ Danny, has been providing music for the best parties and events for over 30 years. He is also well known for bringing and teaching line dancing to enthusiastic learners of all ages throughout Westchester County and the tri-state area and. Danny and his unique blend of music and humor has uplifted any event he hosts. Blue Jay & Golden Eagle campers will engage in fun, interactive and choreographed dance lessons twice a week.*

Special Thanks to the Westchester County Board of Legislators & The Westchester County Youth Bureau for their continued support.



Y-COP PLATFORMS

WEBSITE: ycopmvny.org

FACEBOOK: LIKE US:
facebook.com/YCOPMVNY

Twitter (X): FOLLOW US:
twitter.com/YCOPMVNY

INSTAGRAM: FOLLOW US:
ycopmvny

PROCARE: schools.procareconnect.com
(Need access code to join as a parent)

We welcome your feedback. Please let us know your concerns or if you have a complaint or if you just want to make a comment. Reach out to the camp director, program administrator and/or the executive director.



Signature of Consent

I, _____, acknowledge that I have received and reviewed the 2026Y-COP Summer Day Camp Parent Manual. I fully understand the terms of the 2026 Y-COP Summer Day Camp Parent Manual. By signing this document, I am stating that I agree and give consent to all that is mentioned within this Parent Manual. I will return a signed copy of this page to the Executive Director or Program Administrator by **June 30th, 2026**. A copy of this signed page will be kept in my child's file as an official record.

Date

Signature of Parent/Guardian (must be 18 years of age or older)

Signature of 2nd Parent/Guardian (must be 18 years of age or older)

Name of child registered

Name of 2nd child registered

Name of 3rd child registered

